FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL											
OMB Number:	3235-0287										
Estimated average burden											
hours per response	e: 0.5										

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* McElroy John					2. Issuer Name and Ticker or Trading Symbol FORUM ENERGY TECHNOLOGIES, INC. [FET]							(Chec	k all app Direc Office	oplicable) ector cer (give title		10% O	wner	
(Last) (First) (Middle) 10344 SAM HOUSTON PARK DRIVE SUITE 300						3. Date of Earliest Transaction (Month/Day/Year) 08/12/2022								belov	,	c CA	, ,	
	·			4. If <i>I</i>	Line)								Line)	′				
	Table	I - No	n-Deriva	tive S	Secu	rities	Acq	uired,	, Dis	posed of	, or B	Benef	iciall	y Own	ed			
Date					Execution Date,							4 and Secur Benef Owne		ties cially Following	Form (D) o	n: Direct r Indirect	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
									v	Amount	(A) or (D) Pri		ice	Transa	Transaction(s) (Instr. 3 and 4)			(iiioti. 4)
Common Stock 08/12/20					2022		F		405(1)	D	\$2	6.24		5,227		D		
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																		
or Exercise Price of Derivative Security (Month/Day/Year) if any (Month/Day/Year)		Code (8)	ansaction of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)			Amour		De Se (In	rivative curity	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)		Ownership Form: Direct (D) or Indirect	11. Nature of Indirect Beneficial Ownership (Instr. 4)			
	ON TX (St. Security (Inst. Conversion or Exercise Price of Derivative	(First) (NAM HOUSTON PARK DRI 300 ON TX 7 (State) (Z Table Security (Instr. 3) 1 Stock Tal 2. Conversion or Exercise Price of Derivative (Month/Day/Year)	(First) (Middle) AM HOUSTON PARK DRIVE 300 ON TX 77064 (State) (Zip) Table I - No Security (Instr. 3) 1 Stock Table II - Conversion or Exercise Price of Derivative (Month/Day/Year) (Month/Day/Year)	(First) (Middle) AM HOUSTON PARK DRIVE 300 ON TX 77064 (State) (Zip) Table I - Non-Deriva Security (Instr. 3) 2. Transac Date (Month/Da 1 Stock Table II - Derivati (e.g., pu Conversion or Exercise Price of Derivative (Month/Day/Year) 2. (Month/Day/Year)	(First) (Middle) AM HOUSTON PARK DRIVE 3. Da 08/1 ON TX 77064 (State) (Zip) Table I - Non-Derivative Security (Instr. 3) 2. Transaction Date (Month/Day/Year) Table II - Derivative Security (e.g., puts, cathering or Exercise Price of Derivative (Month/Day/Year) 2. 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Portivative Securities Acque (e.g., puts, calls, warrants, (Month/Day/Year) 9. Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	FORUM ENERGY TINC. [FET] 3. Date of Earliest Transaction (108/12/2022 4. If Amendment, Date of Original Amendme	FORUM ENERGY TECH INC. [FET] 3. Date of Earliest Transaction (Month 08/12/2022 4. If Amendment, Date of Original Files Security (Instr. 3) Table I - Non-Derivative Securities Acquired, Dispose (e.g., puts, calls, warrants, options, comparison of Exercise Price of Derivative Security 2. Transaction (Month/Day/Year) Table II - Derivative Securities Acquired, Dispose (e.g., puts, calls, warrants, options, comparison of Exercise Price of Derivative Securities (Month/Day/Year) 3. Date of Earliest Transaction (Month 08/12/2022) 4. If Amendment, Date of Original Files 2A. Deemed Execution Date, if any (Month/Day/Year) Code (Instr. 8) 2. Transaction Code (Instr. 8) 2. Transaction Code (Instr. 8) 3. 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Number of Value Date (Month/Day/Year) 5. Number of Value Date (Month/Day/Year) 6. Date Exercisable and	FORUM ENERGY TECHNOLOGIES Check all applicable Director X Officer (give title below) Officer	FORUM ENERGY TECHNOLOGIES Check all applicable Director Officer (give title below)	FORUM ENERGY TECHNOLOGIES. INC. [FET] 3. Date of Earliest Transaction (Month/Day/Year) (State) (Zip) Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned Security (Instr. 3) 2. Transaction (Month/Day/Year) (Month/Day/Year) (Month/Day/Year) (Month/Day/Year) (Month/Day/Year) (Month/Day/Year) (State) (Zip) Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned Security (Instr. 3) 2. Transaction (Month/Day/Year) (Month/Day/Year)

Explanation of Responses:

1. These shares were surrendered to satisfy tax obligations related to the vesting of restricted stock units granted on August 12, 2020.

Remarks:

/s/ John McElroy by John C. Ivascu as Attorney-in-Fact

08/16/2022

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.