FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL 3235-0287 OMB Number: Estimated average burden hours per response: 0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person*     Williams David Lyle Jr.						2. Issuer Name and Ticker or Trading Symbol FORUM ENERGY TECHNOLOGIES, INC. [ FET ]									(Check all app		tor 10%		10% O	
(Last) (First) (Middle) 10344 SAM HOUSTON PARK DRIVE SUITE 300						3. Date of Earliest Transaction (Month/Day/Year) 02/15/2020									X Officer (give title Other (specify below) SVP - Operations					
(Street) HOUSTON TX 77064  (City) (State) (Zip)					4. If	4. If Amendment, Date of Original Filed (Month/Day/Year)									Individual or Joint/Group Filing (Check Applicable Line)     X Form filed by One Reporting Person     Form filed by More than One Reporting Person					
Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																				
1. Title of Security (Instr. 3)  2. Transac Date (Month/Date)						Day/Year) Exec		. Deemed ecution Date, any onth/Day/Year)				. Securities Acquired (A) Disposed Of (D) (Instr. 3, 4 )			4 and Secu Bene		cially I Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership (Instr. 4)
										v	Amount	(,	A) or D)	Price	.	Transaction(s) (Instr. 3 and 4)				(111501. 4)
Common Stock 02/15/						/2020					3,937	1)	D	\$1.02		128,188		Г	)	
Common Stock 02/16/					16/2020						1,038(	2)	D	\$1.02		)2 127,150		Г	)	
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deeme Execution if any (Month/Da	Date,	4. Transa Code ( 8)		of Deriv Secu Acqu (A) o Disp of (D	of i		5. Date Exercisable and Expiration Date Month/Day/Year)			7. Title and Amount of Securities Underlying Derivative Security (Instr. and 4)		8. Pri Deriv Secu (Instr	vative irity r. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	n: ct (D) ndirect	11. Nature of Indirect Beneficial Ownership (Instr. 4)
					Code	v	(A)	(D)	Date Exercisa		Expiration Date	Title	or	ount nber res						

## **Explanation of Responses:**

- 1. These shares were surrendered to satisfy the tax obligation related to the vesting of a restricted stock award granted on February 15, 2019.
- 2. These shares were surrendered to satisfy the tax obligation related to the vesting of a restricted stock award granted on February 16, 2018.

## Remarks:

/s/ D. Lyle Williams by John C. 02/18/2020 Ivascu as Attorney-in-Fact

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.