## UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549 FORM 8-K CURRENT REPORT Pursuant to Section 13 or 15(d) of the Securities Exchange Act of 1934 Date of Report (Date of earliest event reported): July 1, 2021 FORUM ENERGY TECHNOLOGIES, INC. (Exact name of registrant as specified in its charter)

Delaware

(State or other jurisdiction of incorporation or organization)

001-35504 (Commission File Number) 61-1488595

77064

(Zip Code)

(I.R.S. Employer Identification No.)

**10344 Sam Houston Park Drive** Suite 300 Houston TX (Address of Principal Executive Offices)

(Address of principal executive offices and zip code)

281 949-2500

Registrant's telephone number, including area code

#### (Former name or former address, if changed since last report)

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions:

□ Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)

□ Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)

□ Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))

Dere-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

Securities registered pursuant to Section 12(b) of the Act:

Title of each class	Trading Symbol	Name of each exchange on which registered
Common Stock, par value \$0.01 per	FET	NYSE
share		

Indicate by check mark whether the registrant is an emerging growth company as defined in Rule 405 of the Securities Act of 1933 (§230.405 of this chapter) or Rule 12b-2 of the Securities Exchange Act of 1934 (§240.12b-2 of this chapter).

Emerging growth company  $\Box$ 

If an emerging growth company, indicate by check mark if the registrant has elected not to use the extended transition period for complying with any new or revised financial accounting standards provided pursuant to Section 13(a) of the Exchange Act. O

# Item 5.02 Departure of Directors or Certain Officers; Election of Directors; Appointment of Certain Officers; Compensatory Arrangements of Certain Officers.

On July 1, 2021, the Board of Directors of Forum Energy Technologies, Inc. (the "*Company*") appointed Dr. Emily Reichert, Ph.D., Chief Executive Officer of Greentown Labs, as a member of the Board. Greentown Labs, is North America's largest climatetech startup incubator. Dr. Reichert has led the rapid growth of Greentown Labs into a global center for climatetech solutions innovation. Dr. Reichert earned her doctorate in physical chemistry from the University of Wisconsin and Masters of Business Administration from the Massachusetts Institute of Technology – Sloan School of Management where she also served as a Sloan Fellow in Innovation and Global Leadership. Dr. Reichert will serve as member of the Nominating, Governance and Sustainability Committee and be subject to election as a Class I director at the 2022 Annual Meeting of Stockholders. Dr. Reichert and the Company have entered into an indemnification agreement, a form of which was filed with the Securities and Exchange Commission as Exhibit 10.11 to the Registration on Form S-1 filed on September 1, 2011 (File No. 333-176603). In addition, Dr. Reichert will receive compensation consistent with that provided to the Company's other non-employee directors, including a prorated award of restricted stock equal to approximately \$75,000.

#### Item 9.01 Financial Statements and Exhibits.

(d) Exhibits.

Exhibit No.	Exhibit Title or Description	
104	Cover Page Interactive Data File - the cover page XBRL tags are embedded within the Inline XBRL document.	

#### SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

Date: July 1, 2021

### FORUM ENERGY TECHNOLOGIES, INC.

/s/ John C. Ivascu

John C. Ivascu

Executive Vice President, General Counsel, Chief Compliance Officer and Corporate Secretary