Common Stock

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FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	DC	20549
wasiiiigtoii,	D.C.	20343

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

(A) or (D)

A

A

D

A

D

D

Amount

928

4,015

1,318(1)

31,950(2)

1,311(3)

1,621(4)

Price

\$<mark>0</mark>

\$0

\$9.39

\$0

\$9.39

\$9.39

Transaction(s)

(Instr. 3 and 4)

262,673

266,688

265,370

297,320

296,009

294,388

D

D

D

D

D

D

	OIVID AFFRO	JVAL					
	OMB Number:	3235-0287					
	Estimated average burden						
1	houre por roeponeo:	0.5					

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b)

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person* Harris James Whelan				_		mbol IOLOGIES, INC.	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner Officer (give title Other (specify					
(Last) (First) (Middle) 920 MEMORIAL CITY WAY SUITE 1000				te of Earliest Transac 9/2016	tion (Month/Da	ay/Year)	X			ow)		
(Street) HOUSTON (City)	TX (State)	77024 4. If Amendment, Date of Original Filed (Mo				Month/Day/Year)	Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person					
	•	Table I - Noi	n-Derivative	Securities Acq	uired, Dis _l	oosed of, or Benefic	ially O	wned				
Date		2. Transaction Date (Month/Day/Yea	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) of Disposed Of (D) (Instr. 3, 4		5. Amount of Securities Beneficially Owned Following Reported	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)			

Code

M

M

F

Α

F

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

(e.g., puts, calls, warrants, options, convertible securities)															
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transa Code 8)		Derivative		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		(Instr. 4)		
Performance Shares	(5)	02/19/2016		М			3,414	(5)	12/31/2015	Common Stock	0.0	(5)	0	D	
Performance Shares	(6)	02/19/2016		М			3,709	(6)	12/31/2015	Common Stock	928	(6)	0	D	
Performance Shares	(7)	02/19/2016		М			5,353	(7)	12/31/2015	Common Stock	4,015	(7)	0	D	
Employee Stock Option (Right to Buy)	\$9.39	02/19/2016		A		77,920		(8)	02/19/2026	Common Stock	77,920	\$0	77,920	D	
Performance Shares	(9)	02/19/2016		A		10,650		(9)	12/31/2017	Common Stock	10,650(9)	\$0	10,650	D	
Performance Shares	(10)	02/19/2016		A		10,650		(10)	12/31/2018	Common Stock	10,650(10)	\$0	10,650	D	
Performance Shares	(11)	02/19/2016		A		10,650		(11)	12/31/2019	Common Stock	10,650(11)	\$0	10,650	D	

Explanation of Responses:

1. These shares were surrendered to satisfy tax obligations related to the vesting of performance shares granted on February 21, 2014 and February 20, 2015.

02/19/2016

02/19/2016

02/19/2016

02/19/2016

02/20/2016

02/21/2016

- 2. Represents an award of restricted stock under the Forum Energy Technologies, Inc. 2010 Stock Incentive Plan (the "Plan"). Each share of restricted stock, par value \$0.01 per share, is subject to transferability and other restrictions that lapse upon vesting of the restricted stock. The restricted shares vest according to the following schedule: 1/4 vest on each of the first, second, third and fourth anniversaries of the date of grant (2/19/2016). The restricted stock will be forfeited upon a termination of employment prior to vesting, except in limited circumstances. The restricted stock agreement also includes dividend and voting rights.
- 3. These shares were surrendered to satisfy the tax obligation related to the vesting of a restricted stock unit award granted on February 20, 2015.
- 4. These shares were surrendered to satisfy tax obligations related to the vesting of restricted stock unit awards granted on February 21, 2013 and February 21, 2014.
- 5. These performance shares represent a contingent right to receive Common Stock, based on the Company's total shareholder return versus that of the Company's peer group. As determined by the Company's Nominating, Governance & Compensation Committee ("NG&C Committee") and given the Company's total shareholder return versus the relevant peer group over the three-year period commencing on January 1, 2013 and ending on December 31, 2015, each performance share represents the right to receive 0 shares of Common Stock.
- 6. These performance shares represent a contingent right to receive Common Stock, based on the Company's total shareholder return versus that of the Company's peer group. As determined by the NG&C Committee and given the Company's total shareholder return versus the relevant peer group over the two-year period commencing on January 1, 2014 and ending on December 31, 2015, each performance share represents the right to receive 0.25 shares of Common Stock.
- 7. These performance shares represent a contingent right to receive Common Stock, based on the Company's total shareholder return versus that of the Company's peer group. As determined by the NG&C Committee and given the Company's total shareholder return versus the relevant peer group over the one-year period commencing on January 1, 2015 and ending on December 31, 2015, each performance share represents the right to receive 0.75 shares of Common Stock.
- 8. These options are exercisable in accordance with the following schedule: 1/4 of the options become exercisable on each of the first, second, third and fourth anniversaries of the date of grant (2/19/2016).
- 9. These performance shares represent a contingent right to receive Common Stock, based on the Company's total shareholder return versus that of the Company's peer group. Each performance share will settle for

between 0 and 2 shares of Common Stock in the first quarter of 2017, based on achievement of performance measures over a one-year period, following certification of the performance results by the NG&C Committee.

10. These performance shares represent a contingent right to receive Common Stock, based on the Company's total shareholder return versus that of the Company's peer group. Each performance share will settle for between 0 and 2 shares of Common Stock in the first quarter of 2018, based on achievement of performance measures over a two-year period, following certification of the performance results by the NG&C Committee.

11. These performance shares represent a contingent right to receive Common Stock, based on the Company's total shareholder return versus that of the Company's peer group. Each performance share will settle for between 0 and 2 shares of Common Stock in the first quarter of 2019, based on achievement of performance measures over a three-year period, following certification of the performance results by the NG&C Committee.

Remarks:

<u>/s/ James W. Harris by John C.</u> <u>Ivascu as Attorney-in- Fact</u> <u>02/22/2016</u>

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.