## FORM 4

Section 16. Form 4 or Form 5 obligations may continue. See

Instruction 1(b)

Check this box if no longer subject to

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

<b>STATEMENT</b>	OF CHANGES	S IN BENEFICIAL	<b>OWNERSHIP</b>

OMB APPROVAL 3235-0287 Estimated average burden hours per response: 0.5

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person*  Harris James Whelan					2. Issuer Name and Ticker or Trading Symbol FORUM ENERGY TECHNOLOGIES, INC. [ FET ]										ck all applic Director	ationship of Reporting k all applicable) Director Officer (give title below)		10% Ow Other (s below)	ner
(Last) (First) (Middle) 920 MEMORIAL CITY WAY SUITE 1000					3. Date of Earliest Transaction (Month/Day/Year) 02/21/2013									,	SVP 8	& CF	,		
(Street) HOUSTO			7024 Zip)		4. If Amendment, Date of C				f Original Filed (Month/Day/Year)					6. Inc Line)	ividual or Joint/Group Filing (Check Applicable  Form filed by One Reporting Person  Form filed by More than One Reporting  Person				
1. Title of Security (Instr. 3) 2. Trans Date					saction	Execution Date, Transaction Disposed Of (D) (Instr. 3, 4						A) or	or 5. Amount of			: Direct   I	7. Nature of ndirect		
			(WOTH	/Day/Year)		if any (Month/Day/Year)		Code (	v	Amount (A) or (D)			Price	Owned For Reported Transacti (Instr. 3 a	ollowing ion(s)	(I) (In:	str. 4)   (	Ownership (Instr. 4)	
Common Stock			02/2	1/2013				A		10,240	0,240 <sup>(1)</sup> A		\$0	227	227,797		D		
		7	able II -								sed of, onvertib				Owned				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	if any	ecution Date,		4. Transaction Code (Instr. 8)		of I		6. Date Exercise Expiration Date (Month/Day/Yea		of Securities		ecurity	8. Price of Derivative Security (Instr. 5)	9. Number derivative Securities Beneficial Owned Following Reported Transactio (Instr. 4)	e s ally g	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)
					Code	v	(A)	(D)	Date Exercisal		Expiration Date	Title	o N o	lumber					
Employee Stock Option (Right to Buy)	\$25	02/21/2013			A		31,710		(2)		02/22/2023	Comm		31,710	\$0	31,710	0	D	
Performance Shares	(3)	02/21/2013			A		3,413		(3)		(3)	Comm		,413(3)	\$0	3,413		D	
Performance Shares	(4)	02/21/2013			A		3,413		(4)		(4)	Comm Stoc	on 3	,413(4)	\$0	3,413		D	

## **Explanation of Responses:**

(5)

02/21/2013

Performance

1. These restricted stock units (the "Units") are granted pursuant to the Forum Energy Technologies, Inc. 2010 Stock Incentive Plan (the "Plan"). Each Unit represents a contingent right to receive one share of the Issuer's common stock, par value \$0.01 per share, upon the vesting of the Units. The Units vest according to the following schedule: 1/4 vest on each of the first, second, third and fourth anniversaries of the date of grant (2/21/2013), subject to accelerated vesting of the entire award upon a Change in Control (as defined in the Plan). The Units also include dividend equivalent rights that entitle the Reporting Person to the same dividends that would be payable were the shares of common stock underlying the Units actually outstanding at the time such dividends were issued. The credited dividends will be paid concurrently with the issuance of the shares of common stock to the Reporting Person.

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2. The options are exercisable in accordance with the following schedule: 1/4 of the options become exercisable on each of the first, second, third and fourth anniversaries of the date of grant (2/21/2013).

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- 3. Each performance share represents a contingent right to receive shares of the Issuer's common stock, based on the Issuer's relative shareholder return versus that of the Issuer's peer group. Each performance share will settle for between 0 and 2 shares of common stock in the first quarter of 2014, based on achievement of performance measures over a one year period, following certification by the Nominating, Governance and Compensation Committee of performance results.
- 4. Each performance share represents a contingent right to receive shares of the Issuer's common stock, based on the Issuer's relative shareholder return versus that of the Issuer's peer group, Each performance share will settle for between 0 and 2 shares of common stock in the first quarter of 2015, based on achievement of performance measures over a two year period, following certification by the Nominating, Governance and Compensation Committee of performance results.
- 5. Each performance share represents a contingent right to receive shares of the Issuer's common stock, based on the Issuer's relative shareholder return versus that of the Issuer's peer group. Each performance share will settle for between 0 and 2 shares of common stock in the first quarter of 2016, based on achievement of performance measures over a three year period, following certification by the Nominating, Governance and Compensation Committee of performance results.

## Remarks:

/s/ James W. Harris by John C. Ivascu as Attornev-in- Fact

Common

3,414(5)

\$0

02/25/2013

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\*\* Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

\* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.