FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Check this box if no longer subject to
Section 16. Form 4 or Form 5
obligations may continue. See
Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL 3235-0287 Estimated average burden hours per response: 0.5

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* Danford Michael Dewayne							2. Issuer Name and Ticker or Trading Symbol FORUM ENERGY TECHNOLOGIES, INC. [FET]								of Reporting able) r (give title	y Pers	on(s) to Issu 10% Ow Other (s	ner
(Last) (First) (Middle) 920 MEMORIAL CITY WAY SUITE 1000						3. Date of Earliest Transaction (Month/Day/Year) 02/21/2014								X Onice (give title Street (specify below) VP - Human Resources				
(Street) HOUSTON TX 77024					4. 11	4. If Amendment, Date of Original Filed (Month/Day/Year)								Individual or Joint/Group Filing (Check Applicable ine) X Form filed by One Reporting Person Form filed by More than One Reporting Person				
(City)	(Sta		Zip)															
Table I - Non-Deriva 1. Title of Security (Instr. 3) 2. Transa Date (Month/D						ar)	ecurities Acq 2A. Deemed Execution Date, if any (Month/Day/Year)		3. Transaction Code (Instr. 8)		4. Securit	ies Acquire		5. Amour	s For ally (D) ollowing (I) (I		: Direct I r Indirect E str. 4)	7. Nature of ndirect Beneficial Dwnership Instr. 4)
									Code	v	Amount	(A) or (D)	Price	Transacti (Instr. 3 a	ion(s)			msu. 4)
Common Stock 02/21/						2014			F		376	6 D S		6 58,	58,555		D	
Common Stock 02/21/						2014			A		4,699(4,699 ⁽¹⁾ A		63,	63,254		D	
		7									osed of, onvertil			Owned				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemo Execution if any (Month/Da	Date,	4. Transaction Code (Instr. 8)		5. Number of		6. Date E Expiratio (Month/E	n Dat				8. Price of Derivative Security (Instr. 5)	9. Number derivative Securities Beneficial Owned Following Reported Transactio (Instr. 4)	e S Illy	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership ct (Instr. 4)
					Code	v	(A)	(D)	Date Exercisa		Expiration Date	Title	Amount or Number of Shares					
Common Stock	\$26.96	02/21/2014			A		14,959		(2)		02/21/2024	Common Stock	14,959	\$0	14,959	9	D	
Performance Shares	(3)	02/21/2014			A		1,566		(3)		(3)	Common Stock	1,566(3)	\$0	1,566		D	
Performance Shares	(4)	02/21/2014			A		1,566		(4)		(4)	Common Stock	1,566(4)	\$0	1,566		D	
Performance Shares	(5)	02/21/2014			A		1,567		(5)	Ť	(5)	Common Stock	1,567(5)	\$0	1,567	,	D	

Explanation of Responses:

- 1. These restricted stock units (the "Units") are granted pursuant to the Forum Energy Technologies, Inc. 2010 Stock Incentive Plan (the "Plan"). Each Unit represents a contingent right to receive one share of Forum Energy Technologies, Inc.'s (the "Company") common stock, par value \$0.01 per share, upon the vesting of the Units. The Units vest according to the following schedule: 1/4 vest on each of the first, second, third and fourth anniversaries of the date of grant (2/21/2014), subject to accelerated vesting of the entire award upon a Change in Control (as defined in the Plan). The Units also include dividend equivalent rights that entitle the reporting person to the same dividends that would be payable were the shares of common stock underlying the Units actually outstanding at the time such dividends were issued. The credited dividends will be paid concurrently with the issuance of the shares of common stock to the reporting person.
- 2. The options are exercisable in accordance with the following schedule: 1/4 of the options become exercisable on each of the first, second, third and fourth anniversaries of the date of grant (2/21/2014).
- 3. Each performance share represents a contingent right to receive shares of the Company's common stock, based on the Company's relative shareholder return versus that of the Company's peer group. Each performance share will settle for between 0 and 2 shares of common stock in the first quarter of 2015, based on achievement of performance measures over a one year period, following certification by the Nominating, Governance and Compensation Committee of performance results.
- 4. Each performance share represents a contingent right to receive shares of the Company's common stock, based on the Company's relative shareholder return versus that of the Company's peer group. Each performance share will settle for between 0 and 2 shares of common stock in the first quarter of 2016, based on achievement of performance measures over a two year period, following certification by the Nominating, Governance and Compensation Committee of performance results.
- 5. Each performance share represents a contingent right to receive shares of the Company's common stock, based on the Company's relative shareholder return versus that of the Company's peer group. Each performance share will settle for between 0 and 2 shares of common stock in the first quarter of 2017, based on achievement of performance measures over a three year period, following certification by the Nominating, Governance and Compensation Committee of performance results.

Remarks:

/s/ Michael D. Danford by John

02/25/2014

Ivascu as Attorney-in- Fact ** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.