FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL OMB Number: Estimated average burden hours per response: 0.5

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person*     Williams David Lyle Jr.						2. Issuer Name and Ticker or Trading Symbol FORUM ENERGY TECHNOLOGIES, INC. [ FET ]										all app Direct	olicable) etor er (give title	10 Ot	Person(s) to Issu 10% Ow Other (sp	
(Last) (First) (Middle)  10344 SAM HOUSTON PARK DRIVE SUITE 300						3. Date of Earliest Transaction (Month/Day/Year) 02/19/2020									24	belov	,	be Operations	ow)	
(Street) HOUSTON TX 77064  (City) (State) (Zip)				4. If	Line) X Form filed I										n filed by One	nt/Group Filing (Check Applicable I by One Reporting Person I by More than One Reporting				
Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																				
1. Title of Security (Instr. 3)  2. Transar Date (Month/Date						ar) E	2A. Deemed Execution Date, if any (Month/Day/Year)		Code (	Transaction Disp Code (Instr. 5)		urities Acquired (A) sed Of (D) (Instr. 3, 4			4 and Secu Bene		cially I Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	t o	7. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	Amount				(A) or (D)	Price		Transaction(s) (Instr. 3 and 4)			,	msu. 4)			
Common Stock 02/19/						/2020					1,000(	[1)	D	\$0.99		126,150		D		
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deem Execution if any (Month/Da	Date, Transaction Code (Ins					6. Date Exercisable and Expiration Date (Month/Day/Year)			7. Title and Amount of Securities Underlying Derivative Security (Instr. and 4)				vative urity r. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction( (Instr. 4)	Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	nip o E )) C ct (i	11. Nature of Indirect Beneficial Ownership (Instr. 4)
					Code	v	(A)		Date Exercisa		Expiration Date	Title	of	nber res						

## **Explanation of Responses:**

1. These shares were surrendered to satisfy the tax obligation related to the vesting of a restricted stock award granted on February 19, 2016.

## Remarks:

/s/ D. Lyle Williams by John C. 02/20/2020 Ivascu as Attorney-in-Fact

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- $^{\star}$  If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.