FORM 5

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

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			Was	shingto	n, I	D.C.	20549

Vashington,	D C	20549

ANNUAL STATEMENT OF CHANGES IN BENEFICIAL

OMB APPROVAL							
OMB Number: 3235-036							
Estimated average burden							
hours per response	e: 1.0						

Chec	k this box if no lo	naer subiect			V	vasning	gton, D).C. 205	049						OME	3 APPR	OVAL	
Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b). ANNUAL STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP Form 3 Holdings Reported.										Esti	OMB Number: 323 Estimated average burden hours per response:							
0	4 Transactions		Filed	d pursuant to S or Section 3								1934						
1. Name and Address of Reporting Person* GAUT C CHRISTOPHER (Last) (First) (Middle) 10344 SAM HOUSTON PARK DRIVE SUITE 300				2. Issuer Name and Ticker or Trading Symbol FORUM ENERGY TECHNOLOGIES, INC. [FET] 3. Statement for Issuer's Fiscal Year Ended (Month/Day/Year) 12/31/2022						(Ch	S. Relationship of Reporting Person(s) to Issuer Check all applicable) X Director 10% Owner X Officer (give title below) Exec. COB				Owner r (specify			
(Street) HOUST		ate) (4. If Amendment, Date of Original Filed (Month/Day/Year) 6. Individuals to the second							,				erson				
		Table	I - Non-Deriva	tive Secur	ities	Acc	uire	d, Dis	posed	of, o	r B	eneficia	ally Own	ed				
1. Title of Security (Instr. 3) 2. Transaction Date (Month/Day/Year)			2A. Deemed Execution Date, if any (Month/Day/Year) 3. Transaction Code (Instr.		4. Securities Acquired (A) or Dispo Of (D) (Instr. 3, 4 and 5)			r Disposed	5. Amount of Securities Beneficially Owned at end of		6. Ownership Form: Direct (D) or		7. Nature of Indirect Beneficial Ownership					
				(Month/Day/Tear)		0)		Amoun	ıt	(A) or (D) Price		rice	Issuer's Fiscal Year (Instr. 3 and 4)		Indirect (I) (Instr. 4)		(Instr. 4)	
Common Stock 12/29			12/29/2022		G			1,0	,000 A			\$0	13,950(1)		I		See Footnote	
Commo	n Stock		12/29/2022		G			1,0	000	D		\$0	296,867(1)		D			
		Та	ble II - Derivat (e.g., pı	ive Securit uts, calls, v										d				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	h/Day/Year) Execution Date, if any (Month/Day/Year) Transaction Code (Instr. 8) Derivative Securities Acquired Derivative Code (Instr. 1) Derivative Code (Instr. 2) Derivative Derivative Code (Instr. 2) Derivative Derivativ		noun curit iderly rivat curit and 4	nt of ties ying tive ty (Instr.	8. Price of Derivative Security (Instr. 5) (Instr. 5) 9. Numb derivative Securitie Benefici Owned Followin Reporter Transact (Instr. 4)		e es ally g	10. Ownersh Form: Direct (D or Indire (I) (Instr.	Beneficial Ownership ct (Instr. 4)							

Explanation of Responses:

1. Reflects a transfer of 1,000 shares of Forum Energy Technologies, Inc. (the "Company") common stock, par value \$0.01 per share ("Common Stock") directly owned by the reporting person to a Uniform Transfers to Minors Act account where the reporting person and his spouse have joint ownership for the benefit of their grandchildren.

Remarks:

/s/ C. Christopher Gaut by

John C. Ivascu as Attorney-in- 02/14/2023

Fact

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

^{**} Signature of Reporting Person Date

 $^{^{\}star}$ If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

^{**} Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).