FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

l	OMB APPROVAL											
	OMB Number:	3235-0287										
l	Estimated average burd	len										
l	hours por rosponso:	0.5										

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* GAUT C CHRISTOPHER						2. Issuer Name and Ticker or Trading Symbol FORUM ENERGY TECHNOLOGIES, INC. [FET]										able)	ng Perso	10% (Owner
	Last) (First) (Middle) 920 MEMORIAL CITY WAY SUITE 1000					3. Date of Earliest Transaction (Month/Day/Year) 01/16/2014								X Officer (give title Other (specify below) President, CEO & COB					
(Street) HOUSTON TX 77024					_ 4. _	4. If Amendment, Date of Original Filed (Month/Day/Year)								6. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person					
(City) (State) (Zip)						,o S.	- Curi	ition An	auirod	Die	enocod o	of or Bo	nofic	ially	Owned				
1. Title of Security (Instr. 3) 2. Transact Date (Month/Day				saction	tion 2A. Deemed Execution Date,		3. Transaction Code (Instr.		4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 a				5. Amount of		6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership (Instr. 4)		
										v	Amount	(A) or (D)	Pric	е	Transaction (Instr. 3 and				(1130.4)
Common Stock 01/16/2						2014		M		100,00	0 A	\$7	.68	391,18	33(1)	D			
Common Stock													167,30		00			See Footnote ⁽²⁾	
Common Stock														167,300		I		See Footnote ⁽³⁾	
			Table II -								osed of, converti				wned				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution I if any (Month/Day	Date,		nsaction de (Instr.		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		xerci on Dai Day/Ye		7. Title ar of Securi Underlyir Derivativ (Instr. 3 a	ties ng e Securi		8. Price of Derivative Security (Instr. 5)	9. Numb derivativ Securitie Benefici Owned Followin Reporter	ve es ially ng d	10. Ownersh Form: Direct (D) or Indirect (I) (Instr.	Beneficial Ownership t (Instr. 4)
					Code	v	(A)	(D)	Date Exercisa		Expiration Date	Title	Amou or Numb of Sha	er		Transac (Instr. 4)			
Employee Stock Option (Right to Buy)	\$7.68	01/16/2014			М			100,000	(4)		08/01/2020	Common Stock	100,	000	\$0	2,177,	7,609 D		

Explanation of Responses:

- 1. Includes an aggregate of 9,500 shares of common stock, which were distributed from trusts established for the benefit of the Reporting Person and the Reporting Person's spouse, and for which the Reporting Person and the Reporting Person's spouse serves as trustee, respectively.
- 2. These securities are held in trust for the benefit of the reporting person. The reporting person is the trustee of the trust. The reporting person disclaims beneficial ownership of the reported securities except to the extent of any pecuniary interest therein, and the inclusion of these securities in this report shall not be deemed an admission that the reporting person is the beneficial owner of these securities for purposes of Section 16 or for any other purpose.
- 3. These securities are held in trust for the benefit of the reporting person's spouse. The reporting person's spouse is the trustee of the trust. The reporting person disclaims beneficial ownership of the reported securities except to the extent of any pecuniary interest therein, and the inclusion of these securities in this report shall not be deemed an admission that the reporting person is the beneficial owner of these securities for purposes of Section 16 or for any other purpose.
- 4.1608,206 of these options, granted under the Forum Energy Technologies, Inc. 2010 Stock Incentive Plan, are currently exercisable. The remaining 569,403 options are exercisable on the fourth anniversary of the date of grant (8/2/2010).

Remarks:

/s/ C. Christopher Gaut by John C. Ivascu as Attorney-in- Fact

** Signature of Reporting Person

01/17/2014

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.