FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT	OF CHANGE	ES IN BENE	FICIAL O	WNERSHIP

OMB APPROVAL							
OMB Number:	3235-0287						
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hours per response.	0.5						

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* IVASCU JOHN C (Last) (First) (Middle)					FOI [FE 3. Da	Issuer Name and Ticker or Trading Symbol FORUM ENERGY TECHNOLOGIES, INC. [FET] Date of Earliest Transaction (Month/Day/Year) 08/12/2023								Directo Officer below)	able) or (give title	Other	Owner (specify)	
10344 SAM HOUSTON PARK DRIVE SUITE 300 (Street)				If Amendment, Date of Original Filed (Month/Day/Year)									EVP, General Counsel & CCO 6. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person					
HOUSTON (City)	(State		ip)] (Rule 10b5-1(c) Transaction Indication Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan that is intended to satisfy the affirmative defense conditions of Rule 10b5-1(c). See Instruction 10.							o satisfy the					
		Tab	le I - No	n-Deri	vative	Sec	uritie	s Acq	uired,	Disp	osed of	, or B	enef	icially	Owned			
1. Title of Security (Instr. 3) 2. Transa Date (Month/D				Execution I		Date,	3. Transaction Code (Instr. 8)		4. Securities Acquired (A) of Disposed Of (D) (Instr. 3, 4						6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
									Code	v	Amount	(A (D	() or ()	Price	Transact	tion(s)		(111501.4)
Common Stock 08/12				2/2023				F		2,181	1)	D	\$25.16	40	,871	D		
Common Stock 08/12			2/2023		F 981 ⁽¹⁾ D		\$25.16	39,890		D								
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																		
1. Title of Derivative Security (Instr. 3)	erivative Conversion or Exercise (Month/Day/Year) Execution Date, if any			5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		or		ecurity 4) mount	8. Price of Derivative Security (Instr. 5)	9. Number derivative Securities Beneficiall Owned Following Reported Transactio (Instr. 4)	Ownershi Form: Direct (D) or Indirec (I) (Instr. 4	Beneficial Ownership (Instr. 4)				
					Code V (A) (D)		(D)			Expiration Date	Title		umber f Shares					

Explanation of Responses:

Remarks:

John C. Ivascu

08/15/2023

Date

** Signature of Reporting Person

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

^{1.} These shares were surrendered to satisfy the tax obligations related to the vesting of restricted stock units granted on August 12, 2020.

 $^{^{\}star}$ If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

^{**} Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).