FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

| Washington, | D.C. | 20549 |
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| Check this box if no longer subject |
|-------------------------------------|
| to Section 16. Form 4 or Form 5 |
| obligations may continue. See |
| Instruction 1(b). |

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL 3235-0287 Estimated average burden hours per response: 0.5

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

| Name and Address of Reporting Person* GAUT C CHRISTOPHER | | | | | | 2. Issuer Name and Ticker or Trading Symbol FORUM ENERGY TECHNOLOGIES, INC. [FET] | | | | | | | | | all app | tor | ng Pers | 10% O | wner | |
|--|--|--|---------------|--|----------------------------|---|--|---|-------------|---|--------------------|---------|--|---|---|---|--|---|--|--|
| (Last) (First) (Middle) 10344 SAM HOUSTON PARK DRIVE SUITE 300 | | | | | | 3. Date of Earliest Transaction (Month/Day/Year) 08/18/2020 | | | | | | | | X Officer (give title below) Other (specify below) CEO & COB | | | | | specify | |
| (Street) HOUSTON TX 77064 (City) (State) (Zip) | | | | | | 4. If Amendment, Date of Original Filed (Month/Day/Year) | | | | | | | | . Indivine) X | ′ | | | | | |
| Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned | | | | | | | | | | | | | | | | | | | | |
| 1. Title of Security (Instr. 3) 2. Transaction Date (Month/Day/Ye | | | | | ear) i | on Date, | | 3. Transaction Code (Instr. 8) | | 4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 a | | | nd 5) Securi Benefi | | ities Fo icially (D d Following (I) | | : Direct Indirect str. 4) | 7. Nature of Indirect Beneficial Ownership (Instr. 4) | | |
| | | | | | | | Code | v | Amount | (A) or (D) | Price | Trans | | action(s) . 3 and 4) | | | (111301. 4) | | | |
| Common | 20 | | | | P | | 20,000 | A | \$0.488 | 36 ⁽¹⁾ 4,37 | | 372,237 | | D | | | | | | |
| Common Stock 08/19/20 | | | | | | 20 | | | P 105,000 | | 105,000 | Α | \$0.483 | 36 ⁽²⁾ 4,477,237 | | 77,237 | | D | | |
| | Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities) | | | | | | | | | | | | | | | | | | | |
| 1. Title of Derivative Security (Instr. 3) | 2. Conversion or Exercise Price of Derivative Security | 3. Transaction Date (Month/Day/Year) | Exec if an | Deemed cution Date, y nth/Day/Year) | 4. Transa Code 8) | action (Instr. | 5. Nu of Deriv Secu Acqu (A) o Disp of (D (Insti | /ative irities iired r osed) r. 3, 4 | Exp (Mo | iration I nth/Day | /Year) | 3 and | nt of ities lying ative ity (Instr. 4) Amount or Number | Der Sec | Price of rivative curity str. 5) | 9. Number of derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4) | Own Forn Direc or In (I) (Ir | LO. Dwnership Form: Direct (D) Or Indirect I) (Instr. 4) | 11. Nature of Indirect Beneficial Ownership (Instr. 4) | |
| | | | | | Code | Code V (A) | | (D) | Date Exe | e rcisable | Expiration Date | Title | of Shares | | | | | | | |

Explanation of Responses:

- 1. The price reported is a weighted average price. These shares were purchased in two transactions at prices equal to \$0.4874 and \$0.4898. The reporting person undertakes to provide to any security holder of Forum Energy Technologies, Inc. or the staff of the Securities Exchange Commission, upon request, full information regarding the number of shares purchased at each separate price set forth in
- 2. The price reported is a weighted average price. These shares were purchased in several transactions at prices ranging from \$0.4784 to \$0.4898. The reporting person undertakes to provide to any security holder of Forum Energy Technologies, Inc. or the staff of the Securities Exchange Commission, upon request, full information regarding the number of shares purchased at each separate price set forth in this footnote.

Remarks:

/s/ C. Christopher Gaut by John C. Ivascu as Attorney-in- 08/19/2020 **Fact**

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.