

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

OMB APPROVAL	
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan for the purchase or sale of equity securities of the issuer that is intended to satisfy the affirmative defense conditions of Rule 10b5-1(c). See Instruction 10.

1. Name and Address of Reporting Person* <u>Danford Michael Dewayne</u> (Last) (First) (Middle) 10344 SAM HOUSTON PARK DRIVE SUITE 300 (Street) HOUSTON TX 77064 (City) (State) (Zip)	2. Issuer Name and Ticker or Trading Symbol <u>FORUM ENERGY TECHNOLOGIES, INC.</u> [FET]	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner <input checked="" type="checkbox"/> Officer (give title below) Other (specify below) SVP & CHO
	3. Date of Earliest Transaction (Month/Day/Year) 02/13/2025	
	4. If Amendment, Date of Original Filed (Month/Day/Year)	

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)		4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	V	Amount	(A) or (D)	Price			
Common Stock	02/13/2025		A		1,773 ⁽¹⁾	A	\$0	38,950	D	
Common Stock	03/06/2025		F		697 ⁽²⁾	D	\$17.26	38,253	D	
Common Stock	03/06/2025		M		3,545 ⁽³⁾	A	\$0	41,798	D	
Common Stock	03/06/2025		F		1,388 ⁽⁴⁾	D	\$17.26	40,410	D	

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)	8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
				Code	V	(A)	(D)	Date Exercisable	Expiration Date						Title
Restricted Stock Units	⁽⁵⁾	03/05/2025		A		11,410		⁽⁵⁾	⁽⁵⁾	Common Stock	11,410	\$0	11,410	D	
Performance Restricted Stock Units	⁽⁶⁾	03/05/2025		A		9,000		⁽⁶⁾	⁽⁶⁾	Common Stock	9,000	\$0	9,000	D	
Restricted Stock Units	⁽³⁾	03/06/2025		M		3,545		⁽³⁾	⁽³⁾	Common Stock	3,545	\$0	7,088	D	

Explanation of Responses:

- Reflects performance restricted stock units granted on March 6, 2024 for which performance was certified on February 13, 2025. The performance restricted stock units subsequently vested on March 6, 2025.
- These shares were surrendered to satisfy the tax obligations related to the vesting of performance restricted stock units granted on March 6, 2024.
- Reflects the vesting of restricted stock units granted on March 6, 2024.
- These shares were surrendered to satisfy the tax obligations related to the vesting of restricted stock units granted on March 6, 2024.
- Represents an award of restricted stock units (the "RSUs") granted pursuant to the Company's Second Amended and Restated 2016 Stock and Incentive Plan (the "Plan"). Each RSU represents a contingent right to receive one share of Common Stock. The RSUs vest as to 1/3 on each of the first, second and third anniversaries of March 5, 2025. The RSUs also include dividend equivalent rights that entitle the reporting person to the same dividends that would be payable were the shares of Common Stock underlying the RSUs outstanding at the time such dividends were issued. The credited dividends will be paid concurrently with the issuance of the shares of Common Stock to the reporting person.
- Represents an award of performance restricted stock units (the "PRSUs") granted pursuant to the Plan. Each PRSU represents a contingent right to receive one share of Common Stock. The PRSUs vest based on achieving a minimum stock price threshold of \$21.91, which is 125% of the Company's closing stock price on March 5, 2025, for 20 consecutive trading days prior March 5, 2028.

Remarks:

/s/ Michael D. Danford by John C. Ivascu as Attorney-in-Fact 03/07/2025
 ** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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