FORM 4

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D.C.	20549
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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL										
OMB Number: 3235-0287										
Estimated average burden										
hours per response	: 0.5									

	tion 1(b).	iuc. occ		Filed							ies Exchanç mpany Act c		f 1934			nours	s per response:	0.5
Name and Address of Reporting Person* Danford Michael Dewayne				2. Issuer Name and Ticker or Trading Symbol FORUM ENERGY TECHNOLOGIES, INC. [FET]								5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner Officer (give title Other (specify				Owner		
(Last) (First) (Middle) 10344 SAM HOUSTON PARK DRIVE SUITE 300				3. Date of Earliest Transaction (Month/Day/Year) 02/15/2022								X Officer (give title Other (specify below) SVP & CHO						
(Street) HOUST(7064 Zip)		4. If Amendment, Date of Original Filed (Month/Day/Year)								Line)	ndividual or Joint/Group Filing (Check Applicable e) X Form filed by One Reporting Person Form filed by More than One Reporting Person				
		Table	I - No	n-Deriva	tive S	ecur	ities	Acq	uired,	Dis	posed of	, or E	Bene	ficiall	y Own	ed		
1. Title of Security (Instr. 3) 2. Transact Date (Month/Date)			Execution Date,		ecution Date, ny				es Acquired (A) Of (D) (Instr. 3,		4 and Secu Bene Own		nount of irities eficially ed Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	of Indirect t Beneficial Ownership			
						Code	v	Amount	(A) (D)	or P	rice	Reported Transaction(s) (Instr. 3 and 4)			(Instr. 4)			
Common Stock 02/15/3					2022		F		178(1)	D	\$	19.01	33	3,715	D			
Common	Stock			02/16/2	2022				F		47(2)	D	\$	\$19.37 33,668 D				
		Tal	ole II -								osed of, convertib				Owne	d		
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	e (Month/Day/Year)	if any	emed ion Date, /Day/Year)		Transaction Code (Instr.		mber ative rities ired osed	6. Date Expirat (Month	ion Da		7. Title and Amount of Securities Underlying Derivative Security (I 3 and 4)		Setr.	Price of erivative ecurity nstr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	Ownership Form: Direct (D) or Indirect (I) (Instr. 4	Beneficial Ownership ect (Instr. 4)

Date Exercisable

Expiration

Title

Shares

Date

Explanation of Responses:

- 1. These shares were surrendered to satisfy the tax obligation related to the vesting of a restricted stock unit award granted on February 15, 2019.
- 2. These shares were surrendered to satisfy the tax obligation related to the vesting of a restricted stock unit award granted on February 16, 2018.

Remarks:

/s/ Michael D. Danford by John C. Ivascu as Attorney-in- 02/17/2022 **Fact**

Date

** Signature of Reporting Person

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

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