FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D.C. 20549
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Check this box if no longer subject
to Section 16. Form 4 or Form 5
obligations may continue. See
Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL 3235-0287 Estimated average burden hours per response: 0.5

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* GAUT C CHRISTOPHER						2. Issuer Name and Ticker or Trading Symbol FORUM ENERGY TECHNOLOGIES, INC. [FET]									 Relationship of Reportin (Check all applicable) Director Officer (give title 			Owner (specify	
(Last) 10344 SA SUITE 3		rst) (f			3. Date of Earliest Transaction (Month/Day/Year) 04/14/2022									X Office (give title Office (Specify below) Exec. COB					
(Street) HOUST(7064 Zip)		4. If <i>I</i>	4. If Amendment, Date of Original Filed (Month/Day/Year)								Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person					
		Table	I - No	n-Deriva	tive S	Secu	rities	Acc	uired	I, Dis	posed of	, or E	Benefic	ially Ow	ned				
Dat				2. Transact Date (Month/Day	Exec ay/Year) if any		Deemed ecution Date, any onth/Day/Year)		3. Transaction Code (Instr. 8)		4. Securities Acquired (A) Disposed Of (D) (Instr. 3, 4 5)		red (A) or str. 3, 4 a	5. Amount of Securities Beneficially Owned Following Reported		6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership (Instr. 4)	
						Code	v	Amount	(A) o (D)	r Price	Transa	Transaction(s) (Instr. 3 and 4)			(111301.4)				
Common Stock 04/14					022)22			G	V	7,800	D	\$0	302	302,461(1)		D		
Common Stock				04/14/2	.022				G		7,800	A	\$0	16	16,850(1)			See Footnote ⁽¹⁾	
		Tal	ble II								osed of, convertib				ed				
Security or Exercise (Month/Day/Year) if any			tion Date, Trans		action (Instr. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		rative rities pired r osed)	6. Date Expira (Month	tion D			int of ities rlying ative ity (Instr.	8. Price o Derivativi Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)		10. Ownersh Form: Direct (D) or Indirec (I) (Instr.	Beneficial Ownership t (Instr. 4)		
				Coc		v	(A)	(D)	Date Exercisable		Expiration Date	Title	Amount or Number of Shares						

Explanation of Responses:

1. Reflects a transfer of 7,800 shares of Forum Energy Technologies, Inc. (the "Company") common stock, par value \$0.01 per share ("Common Stock") directly owned by the reporting person to a Uniform Transfers to Minors Act account where the reporting person and his spouse have joint ownership for the benefit of their grandchildren.

Remarks:

/s/ C. Christopher Gaut by John C. Ivascu as Attorney-in- 05/24/2022 **Fact**

** Signature of Reporting Person

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.