FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPRO	OVAL							
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* Harris James Whelan						2. Issuer Name and Ticker or Trading Symbol FORUM ENERGY TECHNOLOGIES, INC. [FET]									heck all ap	plicable)	Person(s) to Issuer 10% Owner Other (specify		
	(Last) (First) (Middle) 920 MEMORIAL CITY WAY SUITE 1000					3. Date of Earliest Transaction (Month/Day/Year) 11/15/2012									X Officer (give fitte Other (specify below) SVP & CFO				
(Street) HOUSTON TX 77024 (City) (State) (Zip)						4. If Amendment, Date of Original Filed (Month/Day/Year)									6. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person				
		Tabl	e I - N	on-Deriv	/ative	Sec	uritie	s Ac	quired	d, Di	sposed o	f, or	Bene	ficia	lly Own	ed			
1. Title of Security (Instr. 3) 2. Transaction Date (Month/Day/						Execution Da		Date,	Transaction Code (Instr.		4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 a				5) Secui Bene	ficially ed Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
									Code	v	Amount	(A) or (D) Prid		rice	Trans	action(s) . 3 and 4)		(11150: 4)	
Common Stock 11/15/20						012		S		10,000(1)	D \$23.2		23.2	25 ⁽²⁾ 229,557		D			
Common Stock 11/15/20						012		S		300(1)	D \$		\$24	24 229,257		D			
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																		
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	if any	emed on Date, (Day/Year)	4. Transaction Code (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable Expiration Date (Month/Day/Year)		ate	Amount of Securities Underlying Derivative Security (Instr. and 4)		tr. 3	8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
					Code	v	(A)	(D)	Date Exercis	sable	Expiration Date	Title	Amo or Num of Shar	ber					

Explanation of Responses:

- 1. The sales reported in this Form 4 were effected pursuant to a Rule 10b5-1 trading plan adopted by the reporting person on November 9, 2012.
- 2. The price reported is a weighted average price. These shares were sold in two transactions at prices ranging from \$23.00 to \$23.50, inclusive. The reporting person undertakes to provide to any security holder of Forum Energy Technologies, Inc. or the staff of the Securities Exchange Commission, upon request, full information regarding the number of shares sold at each separate price.

Remarks:

/s/ James W. Harris by John C. Ivascu as Attorney-in- Fact

11/19/2012

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.