| SEC Form 4 |
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## FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPROVAL

| Check this box if no longer subject to<br>Section 16. Form 4 or Form 5          | STATEMENT OF C |                                    |  |  |  |  |
|---|----------------|------------------------------------|--|--|--|--|
| obligations may continue. See<br>Instruction 1(b).                              | Filed          | d pursuant to S<br>or Section      |  |  |  |  |
| 1. Name and Address of Reporting Person <sup>*</sup><br>Danford Michael Dewayne |                | 2. Issuer Nat<br>FORUM<br>INC. [F] |  |  |  |  |

TEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

led pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940 OMB Number: 3235-0287 Estimated average burden hours per response: 0.5

| 1. Name and Addres <u>Danford Mich</u> | s of Reporting Personal Dewayne  | n*             | FOR               | er Name <b>and</b> Ticker<br>UMENERG<br>[FET] |                   |                            | 5. Relationship of Reporting Person(s) to Issuer<br>(Check all applicable)<br>Director 10% Owner<br>Officer (give title Other (specify                    |              |              |              |  |  |
|--|--|----------------|-------------------|---|-------------------|----------------------------|---|--------------|--------------|--------------|--|--|
| (Last)<br>920 MEMORIA<br>SUITE 1000    | (First)<br>L CITY WAY  | (Middle)       | 3. Date<br>02/21/ | of Earliest Transac<br>2013                   | tion (Month/D     | ay/Year)                   | X Onlet (yive the Other (specify<br>below) below)<br>VP - Human Resources   |              |              |              |  |  |
| (Street)<br>HOUSTON<br>(City)          | TX<br>(State)  | 77024<br>(Zip) | 4. If Am          | endment, Date of C                            | Driginal Filed (  | Month/Day/Year)            | 6. Individual or Joint/Group Filing (Check Applicable<br>Line)<br>X Form filed by One Reporting Person<br>Form filed by More than One Reporting<br>Person |              |              |              |  |  |
|  | Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned |                |                   |   |                   |                            |   |              |              |              |  |  |
| 1. Title of Security                   | (Instr. 3)   |                | 2. Transaction    | 2A. Deemed                                    | 3.<br>Transaction | 4. Securities Acquired (A) |   | 5. Amount of | 6. Ownership | 7. Nature of |  |  |

| 1. Title of Security (Instr. 3) | 2. Transaction<br>Date<br>(Month/Day/Year) | 2A. Deemed<br>Execution Date,<br>if any<br>(Month/Day/Year) | Transaction<br>Code (Instr. |   | 4. Securities Acquired (A) or<br>Disposed Of (D) (Instr. 3, 4 and 5) |               |                   | 5. Amount of<br>Securities<br>Beneficially<br>Owned Following<br>Reported | 6. Ownership<br>Form: Direct<br>(D) or Indirect<br>(I) (Instr. 4) | 7. Nature of<br>Indirect<br>Beneficial<br>Ownership<br>(Instr. 4) |
|---------------------------------|--|---|-----------------------------|---|--|---------------|-------------------|---|---|---|
|                                 |  |   | Code                        | v | Amount   | (A) or<br>(D) | Price             | Transaction(s)<br>(Instr. 3 and 4)  |   | (1130. 4)   |
| Common Stock                    | 02/21/2013                                 |   | A                           |   | 4,610 <sup>(1)</sup>   | Α             | \$ <mark>0</mark> | 58,118  | D   |   |

## Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

| 1   |   |  |   | -                            |   |        |     | -  |                    |  | -                                      |   |  |  |  |
|---|---|--|---|------------------------------|---|--------|-----|--|--------------------|--|--|---|--|--|--|
| 1. Title of<br>Derivative<br>Security<br>(Instr. 3) | 2.<br>Conversion<br>or Exercise<br>Price of<br>Derivative<br>Security | 3. Transaction<br>Date<br>(Month/Day/Year) | 3A. Deemed<br>Execution Date,<br>if any<br>(Month/Day/Year) | 4.<br>Transa<br>Code (<br>8) |   | on of  |     | 6. Date Exerc<br>Expiration Da<br>(Month/Day/\ | ate                | 7. Title an<br>of Securit<br>Underlyin<br>Derivative<br>(Instr. 3 ar | ies<br>g<br>Security                   | 8. Price of<br>Derivative<br>Security<br>(Instr. 5) | 9. Number of<br>derivative<br>Securities<br>Beneficially<br>Owned<br>Following<br>Reported<br>Transaction(s)<br>(Instr. 4) | 10.<br>Ownership<br>Form:<br>Direct (D)<br>or Indirect<br>(I) (Instr. 4) | 11. Nature<br>of Indirect<br>Beneficial<br>Ownership<br>(Instr. 4) |
|   |   |  |   | Code                         | v | (A)    | (D) | Date<br>Exercisable                            | Expiration<br>Date | Title  | Amount<br>or<br>Number<br>of<br>Shares |   |  |  |  |
| Employee<br>Stock<br>Option<br>(Right to<br>Buy)    | <b>\$</b> 26.05   | 02/21/2013                                 |   | A                            |   | 14,270 |     | (2)  | 02/21/2013         | Common<br>Stock  | 14,270                                 | \$0   | 14,270   | D  |  |
| Performance<br>Shares                               | (3)   | 02/21/2013                                 |   | A                            |   | 1,536  |     | (3)  | (3)                | Common<br>Stock  | 1,536 <sup>(3)</sup>                   | \$ <mark>0</mark>                                   | 1,536  | D  |  |
| Performance<br>Shares                               | (4)   | 02/21/2013                                 |   | A                            |   | 1,537  |     | (4)  | (4)                | Common<br>Stock  | 1,537(4)                               | \$ <b>0</b>   | 1,537  | D  |  |
| Performance<br>Shares                               | (5)   | 02/21/2013                                 |   | A                            |   | 1,537  |     | (5)  | (5)                | Common<br>Stock  | 1,537(5)                               | \$0   | 1,537  | D  |  |

## Explanation of Responses:

1. These restricted stock units (the "Units") are granted pursuant to the Forum Energy Technologies, Inc. 2010 Stock Incentive Plan (the "Plan"). Each Unit represents a contingent right to receive one share of the Issuer's common stock, par value \$0.01 per share, upon the vesting of the Units. The Units vest according to the following schedule: 1/4 vest on each of the first, second, third and fourth anniversaries of the date of grant (2/21/2013), subject to accelerated vesting of the entire award upon a Change in Control (as defined in the Plan). The Units also include dividend equivalent rights that entile the Reporting Person to the same dividends that would be payable were the shares of common stock underlying the Units actually outstanding at the time such dividends were issued. The credited dividends will be paid concurrently with the issuance of the shares of common stock to the Reporting Person.

The options are exercisable in accordance with the following schedule: 1/4 of the options become exercisable on each of the first, second, third and fourth anniversaries of the date of grant (2/21/2013).
 Each performance share represents a contingent right to receive shares of the Issuer's common stock, based on the Issuer's relative shareholder return versus that of the Issuer's peer group. Each performance share

will settle for between 0 and 2 shares of common stock in the first quarter of 2014, based on achievement of performance measures over a one year period, following certification by the Nominating, Governance and Compensation Committee of performance results.

4. Each performance share represents a contingent right to receive shares of the Issuer's common stock, based on the Issuer's relative shareholder return versus that of the Issuer's peer group. Each performance share will settle for between 0 and 2 shares of common stock in the first quarter of 2015, based on achievement of performance measures over a two year period, following certification by the Nominating, Governance and Compensation Committee of performance results.

5. Each performance share represents a contingent right to receive shares of the Issuer's common stock, based on the Issuer's relative shareholder return versus that of the Issuer's peer group. Each performance share will settle for between 0 and 2 shares of common stock in the first quarter of 2016, based on achievement of performance measures over a three year period, following certification by the Nominating, Governance and Compensation Committee of performance results.

**Remarks:** 

/s/ Michael D. Danford by John 02/25/2013

<u>C. Ivascu as Attorney-in- Fact</u>

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

\* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.